













Granville Plus Family Wellbeing Centre Timetable **SPRING 2025 January-March**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
To register to use the Family Wellbeing Centres and to book onto the activities please go to Family Wellbeing Centres Brent Council If you have any problems with registering or booking on-line, please contact the centre on 0208 937 6581.						
<p>Registration link: www.brent.gov.uk/familywellbeingcentres</p> <p><u>Sessions are booked via Family wellbeing pages via 'My Account'</u></p>   <p>Granville Plus FWC 142 Carlton Vale NW6 5HE 020 8937 6581 GranvillePlus.FWC@brent.gov.uk</p>	<p>Health Visiting Reviews 9am– 3pm By appointment only</p> <p>Citizen Advice Brent 9:30am– 2:30pm Call center to book.</p> <p>Baby Messy Play 10am-11am 12 months and under Book a space online</p> <p>Women's fitness 11:30-12:30 Starting 13th January Term time only Crèche available Book a space online</p> <p>Small Talk SLT 121 Appointments only</p> 	<p>Midwifery Service 9am-4pm By appointment only</p> <p>Breastfeeding Support 9am-1pm Call 02081024900 to book Cich.brentinfantfeedingsupport@nhs.net</p>  <p>Brent & Harrow Perinatal Mental Health Service 9am-5pm By appointment only</p> <p>Immigration Advice by Salusbury World 9am-5pm By appointment only</p> <p>ESOL 10am-12pm Women only Salusbury World Crèche available</p>	<p>Midwifery Service 9am-4pm By appointment only</p> <p>Health Visiting Reviews 9am– 3pm By appointment only</p> <p>Childminder's session 10am-12pm</p>  <p>Little Explorers 2pm-3pm 12mths-3years Book a space online</p>  <p>BeeZee Families Healthy Lifestyle Drop-in session at Kilburn Library 19th February 2:30pm – 4pm</p>	<p>Midwifery Service 9am-4pm By appointment only</p> <p>Baby sensory 10am-11am 0-12 mths Book a space online</p>  <p>Messy Play 2pm -3pm 12 months- 4 years Book a space online</p>  	<p>Midwifery Service 9am-4pm By appointment only</p> <p>CAMHS Support 0-5yrs 9am – 5pm By appointment only</p>  <p>Two and terrific 10am-11.30am 28th February, 7th, 14th 21st March Book a space online</p>	<p>TRIAGE The Triage service offers Advice, Guidance & rapid support to families in need.</p> <p>To book appointment complete survey via Brent My Account</p>   <p>Saturday Sessions</p> <p>Alperton Stay and Play session 11th January 11am-12:15pm 18th January 10am - 11:30am 25th January 11am – 12:15pm 1st February 11am – 12:15 8th February 10am – 11:30am</p> <p>SEND session 15th February 10am- 11:30am Book a space online</p>

Healthy Start Vitamins are available to collect for children 0-5 years. Vitamins are available for mums up to 12 months after giving birth.



Children and Family Information Service (CFIS)

Provides information and advice on a range of services for families, including childcare and early education.
<https://www.brent.gov.uk/children-young-people-and-families>

Let's talk. 2pm-3pm

14mths - 3.5 yrs

[Book a space online](#)



Oral health event 2-3pm

27th January
as part of Let's Talk

[Book a space online](#)

Global Skills Homework Club

4.30pm-6.30pm

8yrs+

By referrals only
Contact Centre for more information.

Starting 13th January

Mixed Martial Arts (MMA)

Age 11+
5pm-7pm

Starting 13th January for 12 weeks excluding half term

[Book a space online](#)

Messy Play

12 months- 4 years

2pm -3pm

[Book a space online](#)

Book Trust Story & Rhyme Time



Drop-In every Tuesday
At Kilburn Library
11am – 11.30am

Global Skills Homework Club

4.30pm-6.00pm

8yrs+

By referrals only
Contact Centre for more information.

Educational Mentoring 6pm-7pm

Salsbury World
11-16 years



Wild Jungle Craft
Drop-in at Kilburn
Library

Ages 5yrs – 11yrs
18th February
11:00 - 12:00



Global Skills Homework Club

4.30pm-6.30pm

8yrs+

By referrals only
Contact Centre for more information.



Global Skills Homework Club

4.30pm-6.30pm

8yrs+

By referrals only
Contact Centre for more information.



Three Trees

SEND session

11th January and 8th
February 09:30 – 10:45

Stay and Play session

18th January 10am -
11:30am

25th January 10am –
11:30am

1st February 9:30am
10:45am

15th February 9:30am –
10:45am

[Book a space online](#)

The Local Offer for Children with Special Educational Needs and Disabilities (SEND)

A single place to come for information and advice for children and young people with special educational needs and disabilities (SEND) aged 0-25, and their families.

<https://www.brent.gov.uk/children-young-people-and-families/send-local-offer>

[Brent Youth Zone - Local Offer](#)

Brent's Local Offer is a website with information and advice for children and young people from 0 to 25 with special educational needs and disabilities (SEND) and their families